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## Abstract:

- We aim to investigate the MIR variability of a large sample of YSOs within the region of the Carina nebula, with a view to investigating any links between spectral index  $\alpha$ , periodicity and eruptive variability from mass accretion.
- We utilized the decade+ coverage of NEOWISE, and the 2 years of VVVX coverage to examine the scope and scale of variability for >1400 YSOs in the Carina nebula.
- We computed a variety of variability metrics for the light curves, and combined these with other derived parameters, to build a complete picture of the region.
- We find that there is a slight preference for long duration variability for more heavily embedded objects, albeit to a lesser extent than has been seen in previous works. We also note a similar pattern for the observed maximum amplitudes, which show a more consistent range across protostars, than seen in T Tauri stars.

## Introduction:

The infrared variability of YSOs can now be reliably studied at a range of cadences, although still not to the same extent as can be found in the optical regime. A previous study by our group in Cygnus-X (Morris+ 2025) noted a clear trend towards high-amplitude, long duration variability for stars with higher infrared-embedding. Cygnus-X only has coverage by mid-infrared (MIR) time-series (In addition to optical). The Carina Nebula, however, has limited near-infrared (NIR) from VVVX, and presents an opportunity to further our previous study, and build on other work in the region (Borissova+ 2025). The Carina nebula is remarkable laboratory for YSO variability thanks to its source density and wide variety of stellar masses, but is nearby enough to still resolve a large number of objects.

## Target Selection:

We constructed a statistically robust sample of young stellar objects (YSOs) within the Carina Nebula by combining five major literature catalogues and removing duplicate sources.

Selection criteria included:

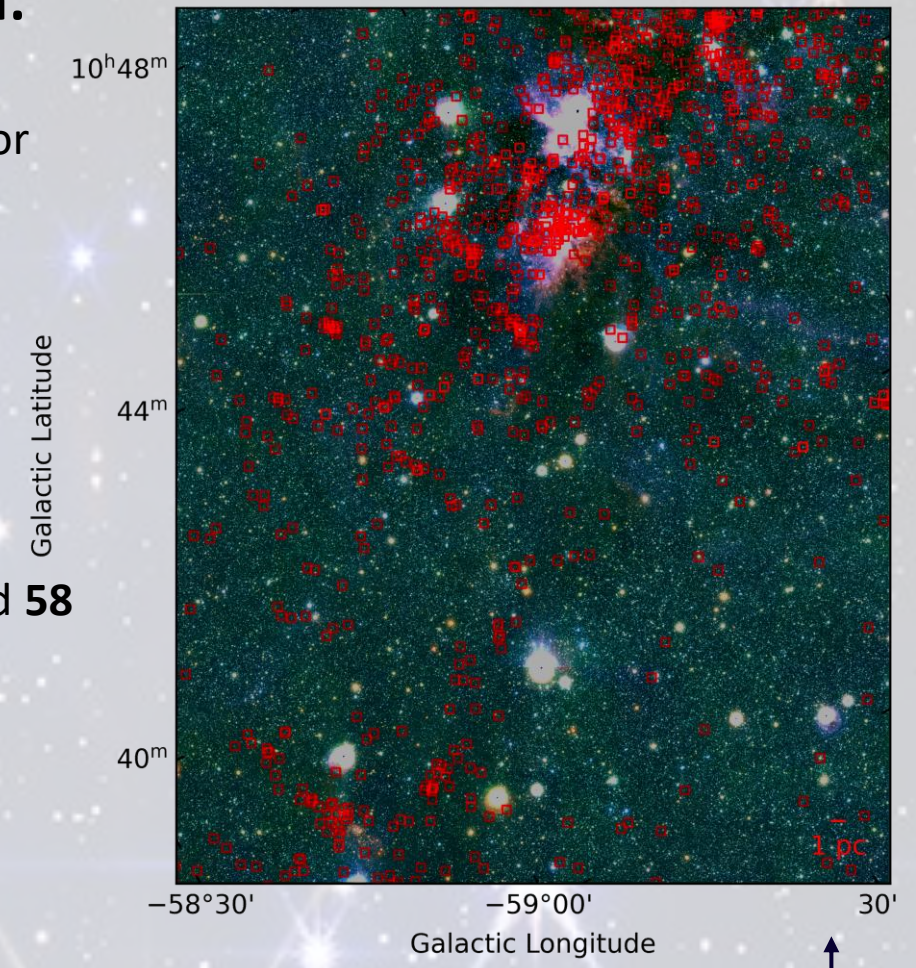
- Reliable multi-epoch detection in the NEOWISE time-series
- Infrared colour cuts to exclude contaminants
- Availability of NIR/MIR photometry for spectral energy distribution analysis

This yielded **1,069 literature-confirmed YSOs**. To improve completeness for embedded sources, we additionally identified **58 new candidate YSOs** using colour-selection criteria applied to enhanced Spitzer Space Telescope imaging products, based on methods from Kryukova+ 2014.

A values were computed using available photometry from:

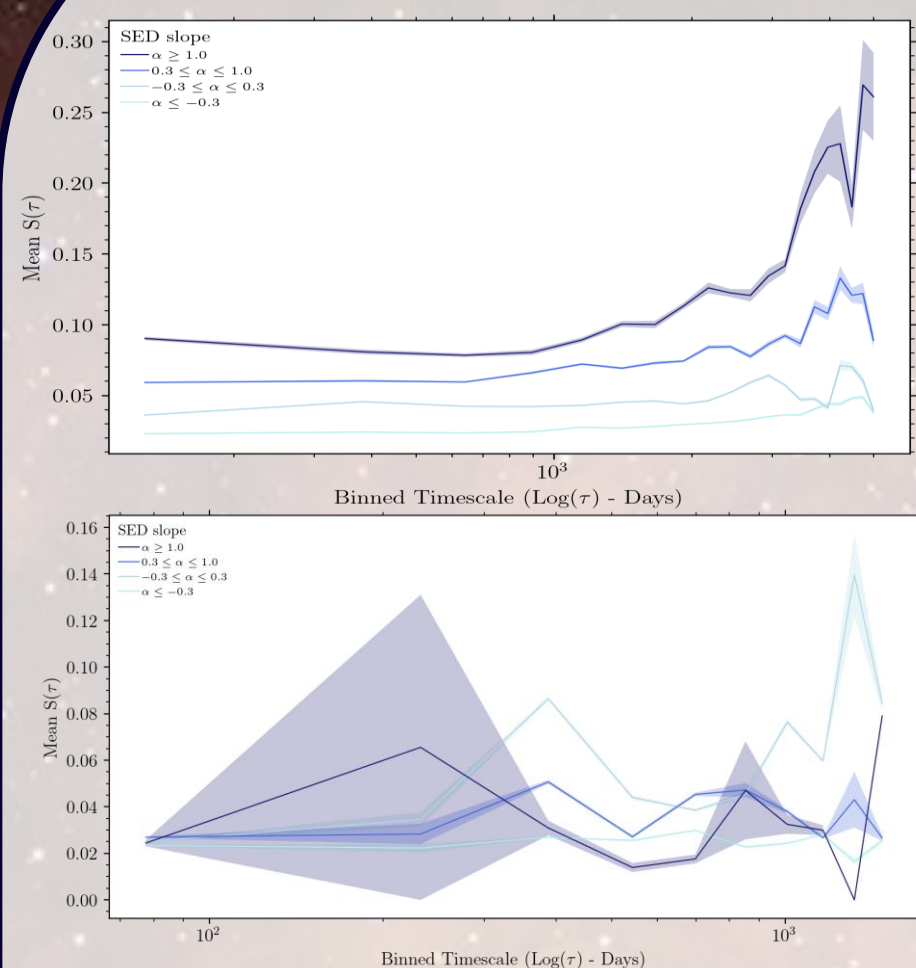
- VVVX
- 2MASS
- Spitzer Space Telescope
- NEOWISE

Missing long-wavelength fluxes were reconstructed using an **XGBoost regression model** trained on >100,000 YSO spectral energy distributions.



VVVX deep-stack with our targets marked with red squares

## VVV & NEOWISE Comparisons:



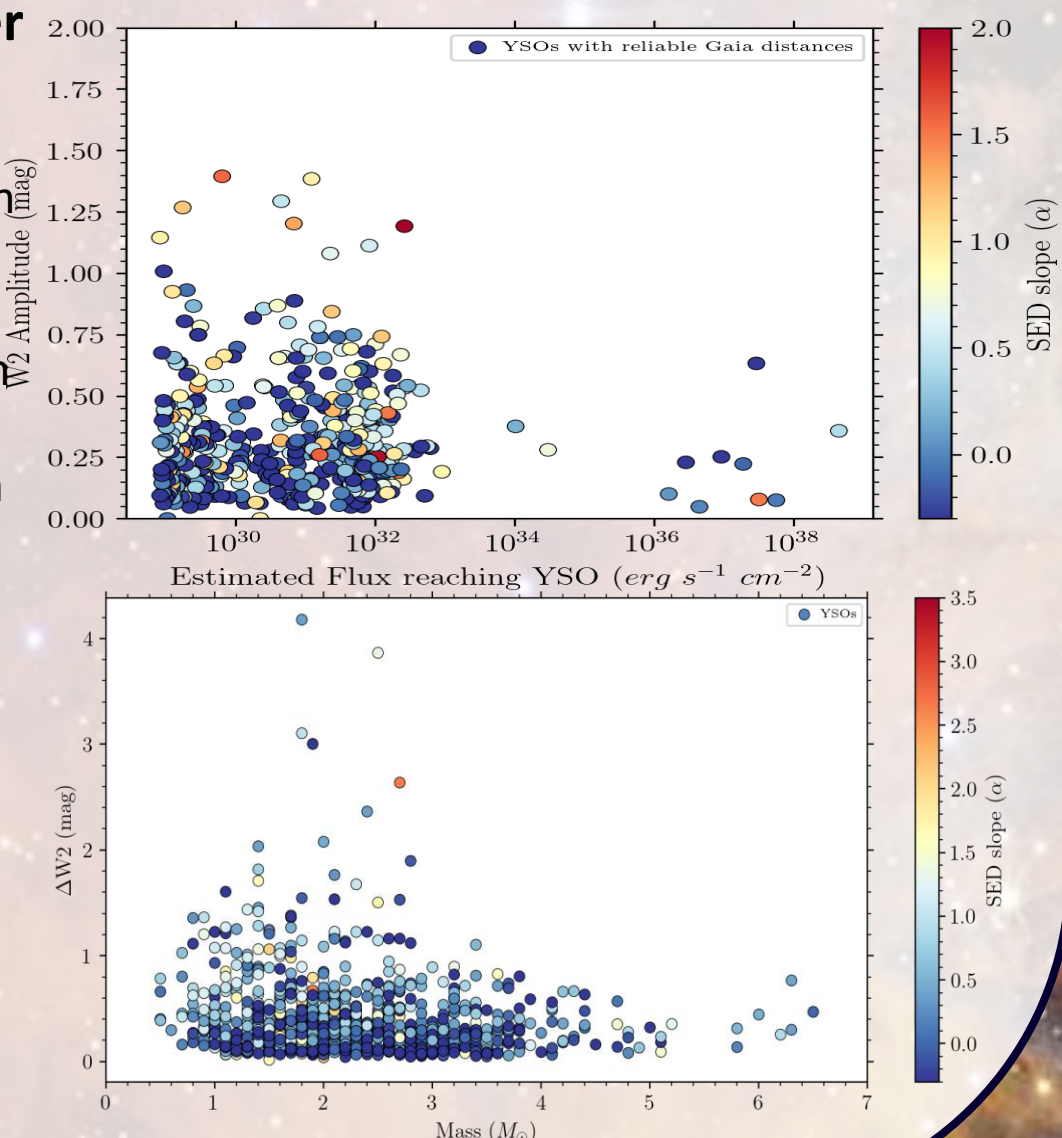
We combined decade-long MIR monitoring from NEOWISE with higher-cadence NIR observations from VVVX to probe variability across multiple physical regimes. The different time-series unfortunately do not cover the same date range, but do probe separate cadences.

## Comparison of the two datasets reveals:

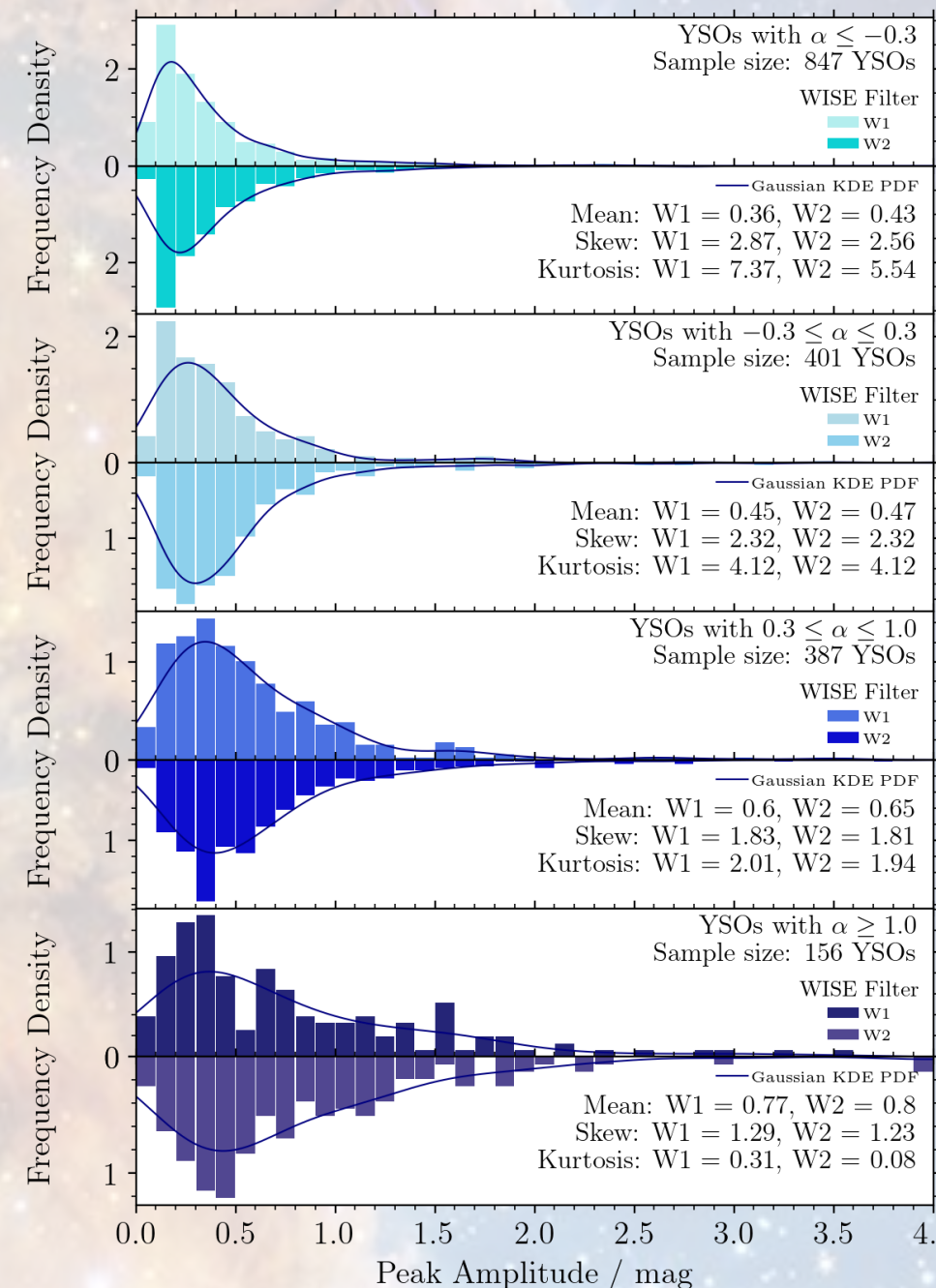
- The structure,  $S(\tau)$ , reveals that long duration variability is commonplace for embedded targets, but only in the MIR.
  - Quasi-periodic behaviour is often wavelength-dependent
- This suggests that distinct physical mechanisms dominate variability at different disk radii.

## Is the Variability Dependent on other Factors?

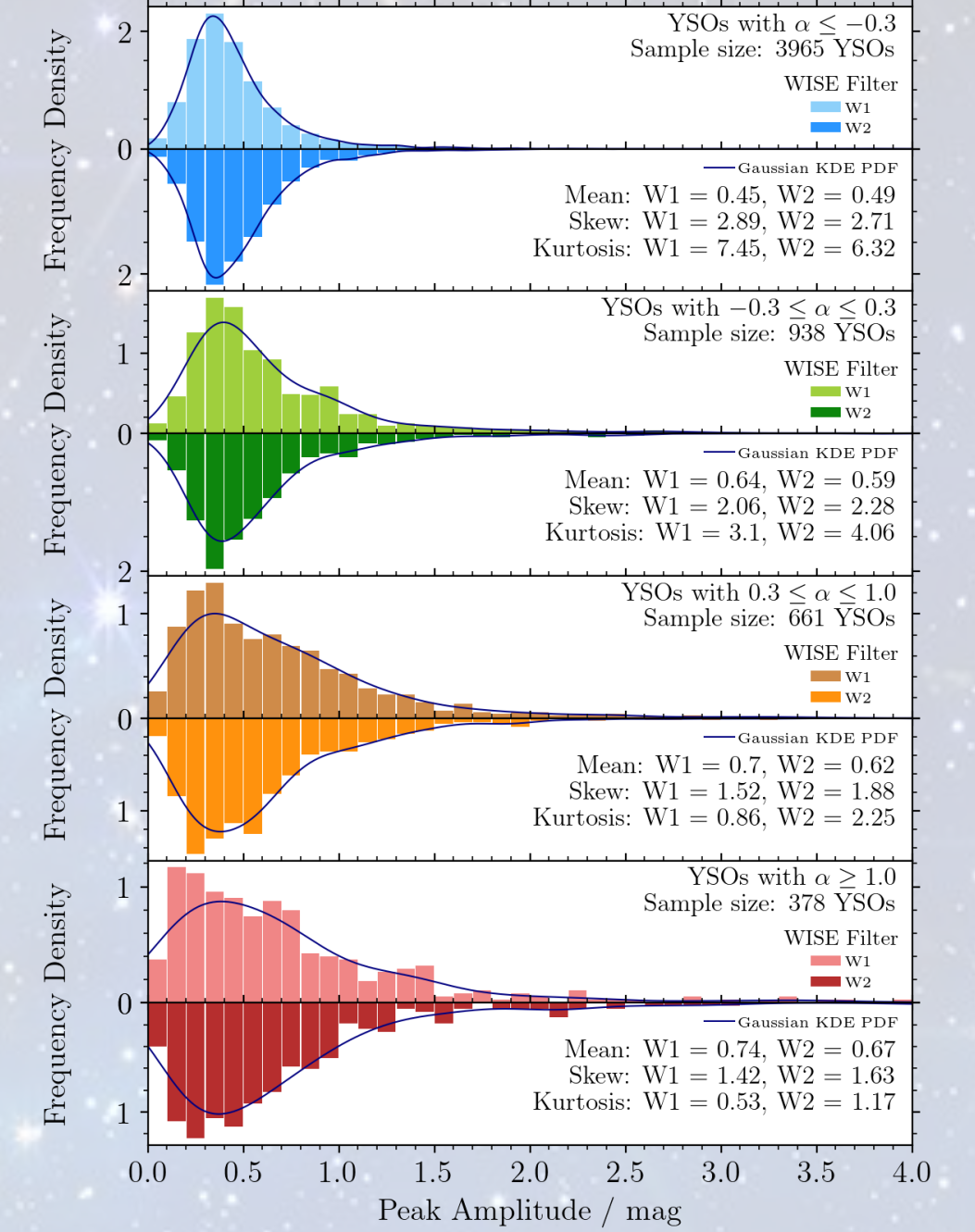
- Carina and Cygnus-X have several key differences, notably the presence of both massive YSOs and more massive OB MS stars.
- MYSOs have less-structured variability in VVV (Zsidy+ in prep.), and we see the same trend in NEOWISE, with YSOs from PCYC (Povich+ 2011).
- The presence of **UV radiation from OB stars** has been shown to irradiate discs, which could cause instability (see Haworth+ 2023 or others). We compute flux irradiation estimates for YSOs with reliable Gaia distances. **We find a slight correlation between flux and MIR amplitude**, using OB stars from Berlanas+ 2023



## Carina:



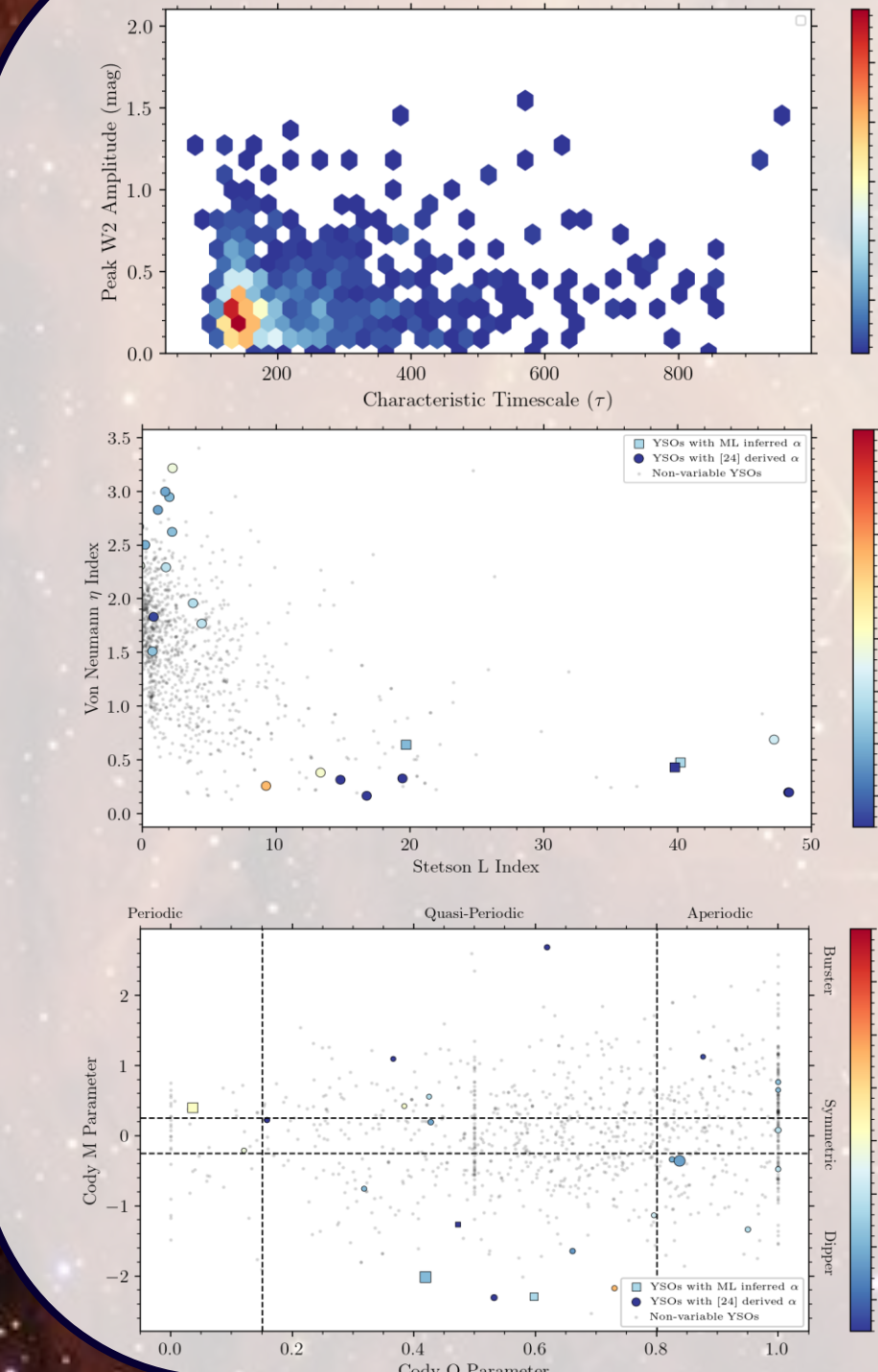
## Cygnus-X:



## Cygnus-X Comparisons:

Comparing the variability of these YSOs to those in Cygnus notes similar findings of the amplitude and principal timescales increasing with  $\alpha$ , although it is less clear cut. This is most true for those most heavily embedded YSOs, but this may be a function of selection bias; **The background of Carina is brighter, and thus embedded targets are harder to identify.**

## Variability Statistics:



We characterised each light curve using a suite of complementary variability metrics:

- Correlation & coherence:** Von Neumann  $\eta$  & Stetson J, K, and L indices
- Variability morphology** Cody M (flux asymmetry) & Cody Q (periodicity), see Cody+ 2014.
- Amplitude & significance** Excess variance & 90th percentile amplitude
- Temporal structure** Autocorrelation, characteristic timescales & Structure functions
- Key statistical trends:**
  - Embedded YSOs exhibit systematically broader amplitude distributions
  - Longer-duration variability is mildly favoured in higher-asources
  - Lower-amplitude variability is dominated by shorter characteristic timescales
  - A substantial population displays quasi-periodic MIR variability consistent with accretion modulation

## Conclusions:

Our analysis reveals that infrared variability in the Carina Nebula is strongly linked to evolutionary state, though it is less clear than seen in previous studies of Cygnus X.

### Primary findings:

- More embedded YSOs show larger MIR amplitudes
- Variability timescales increase modestly with spectral index
- Quasi-periodic accretion-driven behaviour is common
- NIR and MIR variability often probe different physical processes
- We find only weak evidence for external UV irradiation from nearby massive OB stars affecting observed variability.
- These results support a picture in which **disk geometry, accretion instability, and evolutionary stage** dominate infrared variability behaviour in Carina YSOs.

## References:

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The paper is in late-stage prep, submission expected for June!  
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